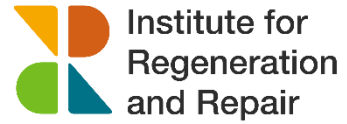




THE UNIVERSITY
of EDINBURGH



Establishing a Problematic Menstrual Bleeding PPI Group

PPI in Pre-Clinical Research

Marianne Watters
Wellbeing of Women Clinical Research Fellow



PPI in Pre-Clinical Research



IMPROVE
DIAGNOSIS



IMPROVE
TREATMENT



SOCIETAL
IMPACT



<2.5%

Establishing a PPI Group

Laura Edwards
Clinical Research Nurse



clinical
research
facility
EDINBURGH

Edinburgh CRF - Patient Public
Involvement Training | Edinburgh
Clinical Research Facility
Carol Porteous

What is Patient Public Involvement (PPI)?

Why do PPI?

Who will you involve?

Where will you find people?

When will you involve people?

What will they do?

HAVE YOU EXPERIENCED HEAVY MENSTRUAL BLEEDING?



If so, we need your help

Volunteer as a member of the new 'Patient and
Public Involvement Group'

We need individuals who:

Previously or currently experience problematic menstrual bleeding due to fibroids, adenomyosis or other causes, who are willing to share their experience

Our aim is:

To develop new research priorities and studies which meet the needs of those experiencing problematic menstruation

Responsibilities:

May include; attendance at in person or remote panel meetings, review of research documents and patient information



Qualifications:

Everyone is welcome to volunteer, no formal qualifications required

For more information or to register
interest contact:

Laura.LE.Edwards@nhslothian.scot.nhs.uk

Establishing a PPI Group

Laura Edwards
Clinical Research Nurse



“I felt it was a platform to create awareness on heavy periods, bring people together and possibly influence policies on women's health and wellbeing.”

“Excited! I knew that this was something I would like to attend. I was delighted that this was being recognised and identified as a research priority.”

“From a more selfish/personal point of view, I felt that this would be a beneficial and cathartic experience to meet with others that had also suffered and recognise that I was not alone in this.”

HAVE YOU EXPERIENCED HEAVY MENSTRUAL BLEEDING?



If so, we need your help

Volunteer as a member of the new 'Patient and Public Involvement Group'

We need individuals who:

Previously or currently experience problematic menstrual bleeding due to fibroids, adenomyosis or other causes, who are willing to share their experience

Our aim is:

To develop new research priorities and studies which meet the needs of those experiencing problematic menstruation

Responsibilities:

May include; attendance at in person or remote panel meetings, review of research documents and patient information

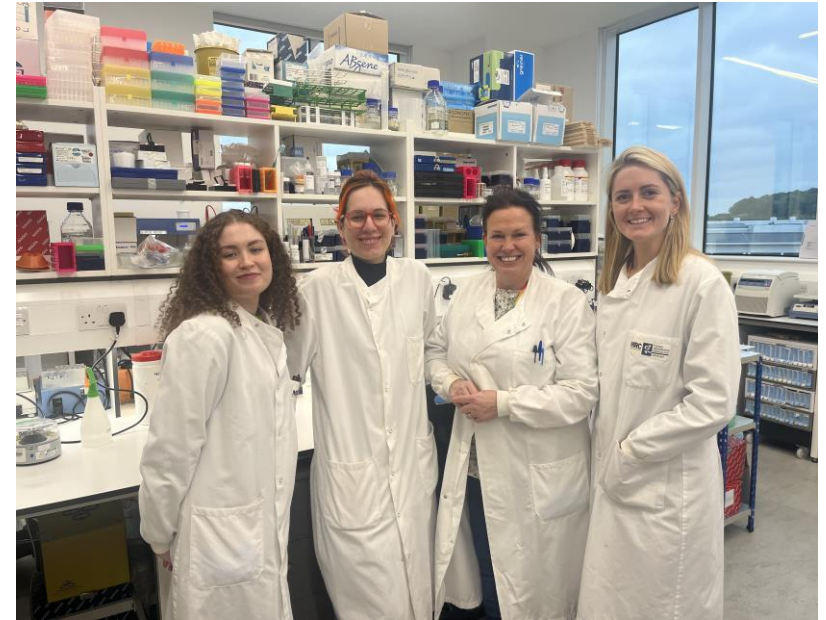


Qualifications:

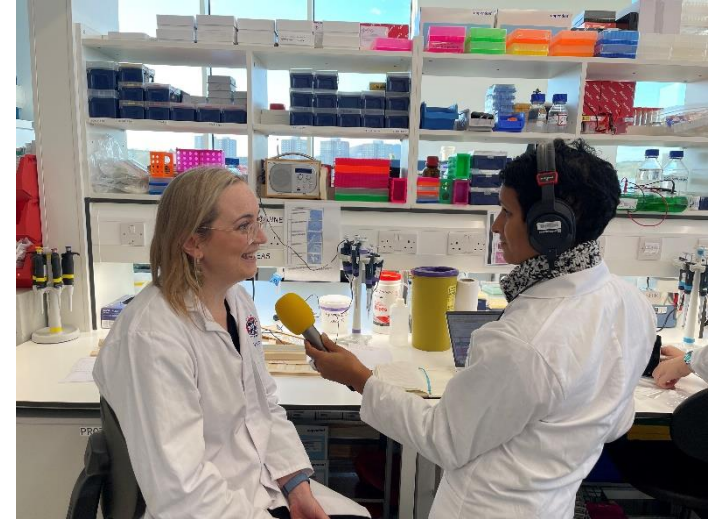
Everyone is welcome to volunteer, no formal qualifications required

**For more information or to register
interest contact:**
Laura.LE.Edwards@nhslothian.scot.nhs.uk

Initial Meeting and Sharing Ideas



Outputs



Future Plans

Red-y to Talk: Discussing Periods to Reduce Health Inequalities



THE UNIVERSITY of EDINBURGH

College of Medicine and Veterinary Medicine



Lily Asch – Professional Storyteller



Future Plans



“This can turn out to become something big especially if able to influence legislation to provide further support for women e.g. workplace adjustments, community health etc.”

“I think the work done by the researchers is so vital and the message needs to be spread far and wide. Is there a possibility that the research ideas/findings and work of the group can be shared with General Practitioners, other health care professionals, policy makers, local MP's, education workers etc, if this not done already?”



THE UNIVERSITY
of EDINBURGH



HOPE Healthy Optimal Periods for Everyone



Thank You

Contact:

Jackie Maybin – Jackie.Maybin@ed.ac.uk

Laura Edwards – Laura.Edwards3@nhs.scot

Marianne Watters – MWatters@ed.ac.uk

